

Digital Inclusion for people with intellectual disabilities

What we need? How to support digital Inclusion ?
Needs analysis recommendations Checklist



Internet Connection

Do you have internet connection at home, work, day service while travelling or in the community?



Yes



No



Training

Do you have regular training opportunities teaching digital tools that people want to use every day?



Yes



No



Accessible Content

Are you given accessible content so that everyone can understand the information?



Yes



No



Are you supported the use of many **different digital devices and apps**?



Yes

No

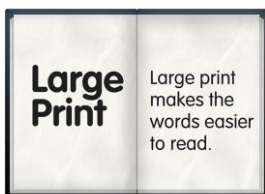


Are you encouraged in the use of **Accessibility tools**, plugins and apps like spell checkers, text to speech and speech to text.



Yes

No



Personalize the experience.

Are you able to change the colours, font sizes, and layout, as well as access content that interests you based on past activities?



Yes

No



Offer opportunities for independence; Can you change the view of the platform? Can you access assistive technology and accessibility guidelines? Do people with disabilities get the opportunity to be co-designers?



Yes

No

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Digital Inclusion for people with intellectual disabilities

What to remember? How to support digital safety? Needs analysis recommendations Fact Sheet



Know the Risks

Does everyone understand the risks and dangers of using the Internet and continue to learn of new risks as new technology is released?



Yes



No



Training Is training available to families and circle of support members on Internet Safety to support more independence?



Yes



No



Increase Confidence

Do you feel confident using social media? People with disabilities say they feel very vulnerable or unsure how to use social media.



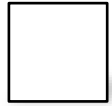
Yes



No



Share any concerns. Do you share any concerns with a trusted person or a staff member?

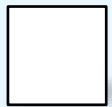


Yes

No



Everyone must understand and be **honest about the risks** involved. Do you understand the risks?

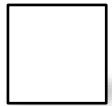


Yes

No



Did you know that anyone can be an offender on the internet and can cause hurt to others, this includes people with disabilities?

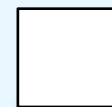


Yes

No



Do you **protect your mental health and well-being** when using the internet?



Yes

No

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